

The Reformation Scoop!

**Reformation Evangelical
Lutheran Church
3670 Perkiomen Avenue
Reading, PA 19606**

ADDRESS SERVICE REQUESTED

SUNDAY SERVICE SCHEDULE

Worship 8:00 and 10:45 a.m.

Sunday School 9:30 a.m.

Starting, September 13th

Nonprofit Organization
U. S. POSTAGE
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READING, PA
PERMIT #478

A Look Inside...

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Reformation's Staff

Pastor: The Rev. Steven C. Claycomb
 revclay1@verizon.net (new e-mail address)

Parish Administrator: Cindy Shirey
 mail@reformationlutheran.org

Minister of Music: Kathryn Fellman
 reformationmusic@msn.com

Organist: Donald Hinkle

Sexton: Mike Schneeberger

Custodian: Margaret McDevitt

Part-Time Secretary: Pam Schneeberger

Treasurer: Rod Kline

Church Office Hours-9 a.m.-12:00 p.m.
 610-779-0534
 mail@reformationlutheran.org
 www.reformationlutheran.org

West Berks Mission District
 www.westberksmissiondistrict.org

NEPS Website: www.godslove.org

ELCA Website: www.elca.org

Congregation Church Council Members

President: Steve Barnett
Vice President: Tony Lambert
Secretary: Jane Humbert

Alan Blackburn	Wendy Richards
Robert Galbraith	Shelby Rutherford
Ron Hartzell	Becky Schaeffer
Kurt Kohler	Donald Smith
K.C. Kohler	Herb Zettlemoyer

REMINDER: Sunday School will be starting on Sunday, September 13, 2009 at 9:30 a.m. and the 10:45 a.m. service returns on September 13, 2009. Please join us for Fellowship with GOD.

SEPTEMBER SERVICE PARTICIPANTS**Ushers**

Sept. 6

8:00 a.m.

Rod & Patti Kline

9:45 a.m.

Randy & Elyse Miller

Sept. 13

Rich Hawk & Bruce Seiz

10:45 a.m.

Dave & Tammy Moser

Sept. 20

Pat & Kathy Austin

Richard & Dolores Noble

Sept. 27

Gerry Wegman & Haag Family

Jim & Nancy Rhoads

Acolytes

Sept. 6

8:00 a.m.

Cory DiGuardi

9:45 a.m.

Adam Dobroskey

Sept. 13

Adam Gochnauer

10:45 a.m.

Sarah Galbraith

Sept. 20

Michael Kern

Annie Ryder

Sept. 27

Sarah Galbraith

Tyler Huber

Crucifers

Sept. 13

8:00 a.m.

Emily Larson

10:45 a.m.

Scott Galbraith

Sept. 20

Cory DiGuardi

Jenny Ryder

Sept. 27

Scott Galbraith

Tyler Lambert

CD Recording Assistants

Sept. 6

Jerry Centofanti

CD Delivery Volunteers

Julie Seiz

Sept. 13

Tim Austin

Jane Farrell

Sept. 20

Eric Blackburn

Blanche Link

Sept. 27

Mike Kern

Julie Seiz

Readers

Sept. 6

8:00 a.m.

Nan Lewis

9:45 a.m.

Kathy Galbraith

Sept. 13

Meghan Austin

10:45 a.m.

Tony Lambert

Sept. 20

Jeanne Gochnauer

Andrew Claycomb

Sept. 27

Anastasia Fantilli

Herb Zettlemoyer

Communion Assistants 8:00 a.m.

Sept. 6

9:45 a.m.

Bonnie Claycomb

10:45 a.m.

Sept. 13

Jeanne Gochnauer

Elisha Barnett

Sept. 20

Kathy Galbraith

Nursery

Sept. 6

8:00 a.m.

Sue Kern

9:45 a.m.

Katie Barnett

10:45 a.m.

Sept. 13

Teri Stoddard

Nancy Hemberger

Sept. 20

Nan Melber

Robin Schaeffer & Mosers

Sept. 27

Kaja O'Leary

Chris & Wendy Richards

Counters

Barbara Weir, Linda Centofanti, Pam Schneeberger

Office Help Needed

Please consider using your gifts to volunteer time in our church office. We need help in all areas. Some examples are answering phones, filing, typing newsletter articles, folding bulletins, putting together the newsletter for mailing, calling weekly service participants and doing general office duties. We also need help with our website. Call the church office with any times that you can help.

(610-779-0534)

Save the Date...

Saturday, October 24 from 9AM - 4PM

Calvary Lutheran Church, 1009 Elizabeth Ave., Laureldale

Thrivent Worship & Music Ministries Day. The Philadelphia Handbell Ensemble will be guest musicians and will be offering several workshops during the day as well as playing for the afternoon worship. Watch for more details!

Friday - Sunday, February 19 – 21, 2010

WBMD Youth Event with *CAPTIVE FREE* at Grace Lutheran Church, Shillington!

SEPTEMBER SERVICE PARTICIPANTS

<u>Altar Guild</u>	8:00 a.m.	10:45 a.m.
	Melanie Bechtel & Becky Schaeffer	Gerry Wegman & Pam Schneeberger

<u>Greeters</u>	8:00 a.m.	9:45 a.m.
Sept. 6	Adam & Jeanne Gochnauer	Tony & Sara Lambert
		10:45 a.m.
Sept. 13	Barnetts	Randy & Elyse Miller
Sept. 20	Melissa Howell-Clarke & Judy Dorner	Alan & Nadine Blackburn
Sept. 27	Rod & Patti Kline	Tina Stanton & Barb Weir

Bulletin Helpers the week of

Sept. 6	Joanne Reinhart (Friday, Sept. 11th)
Sept. 13	Linda Centofanti (Friday, Sept. 18th)
Sept. 20	Jane Farrell (Friday, Sept.25th)
Sept. 27	Cheryl Hadley (Friday, October 2nd)



MUTUAL MINISTRY COMMITTEE

The purpose of the Mutual Ministry Committee is to strengthen our congregation in its ministry by developing and maintaining open lines of communication about expectations, attitudes and concerns. This communication may be between the paid staff and congregation, members of the congregation, or our congregation and the community. Members of the committee will try to be aware of early warning signs of misunderstandings and are responsible for working toward conflict resolution when conflict arises.

The members of Reformation's Mutual Ministry Committee are listed below with phone numbers and E-mail addresses. If you are aware of a situation that should be discussed, please feel free to contact any of them about your concerns. Members of the committee are expected to maintain strict confidentiality.

Linda Bechtel	610 582-4569	lbectel@mydadscarpets.com
Alan Blackburn	610 582-9897	alan.blackburn@timet.com
Cal Booser	610 373-1894	No E-mail address
Jeanne Gochnauer	610 582-1602	jeannelg@ptd.net
Joanne Scattergood	610 796-9684	kinderj11@msn.com
Pastor Steve	484 824-9628	revclay@comcast.net

The newsletter each month will be featuring a committee or an organization that meet in our building. This will keep you informed of the ministries of our church family. Call the church office if you are interested in participating in any of the ministries featured.

Church Website

Visit our new and more user friendly site at www.reformationlutheran.org. You can find up-to-date information about the church. There are many things that can be downloaded and printed right from your computer including Vacation Bible School applications, Scholarship applications and building usage forms, to name a few. Check out all the great pictures.

From the Finance Committee

Periodically, we would like to provide our members with a financial report. As of June 30, 2009, the financial picture for Reformation is as follows:

Statement of Income

Year-To-Date as of 6/30/09		Budget to Date
Income	\$147,048	\$151,500
Operating Expenses	\$140,045	\$133,872
Program Expenses	\$3,058	\$7,800
Benevolence	<u>\$14,547</u>	<u>\$15,350</u>
Total Expenses	<u>\$157,746</u>	<u>\$157,023</u>
Net Income (Loss)	\$(10,697)	\$(5,523)

Operating Expenses are those expenses that allow the church to continue to operate such as Salaries, Electricity, Telephone, and Office Supplies.

Program Expenses are expenses for our ministries such as Sunday School, Parish Outreach, and Youth Programs.

Benevolence is what we share with the greater church (Synod & Mission District) and our community.

As of 6/30/09, Reformation has \$13,328 in cash of which \$10,838 is dedicated for specific ministries leaving just \$2,490 available for meeting our expenses.

If you have any questions or comments, please feel free to address them to any finance committee member.

Ronald Hartzell, *Chair*
 Patrick Austin
 Gerry Wegman
 Rodney Kline, *Treasurer*



Family Promise®

of Berks County, Inc. *presents*

A Taste of Hope - Night of Promise
Tuesday, September 22nd

5:00 to 8:00 p.m. at the VF Designer Outlet

*Join us for hors d'oeuvres & desserts
 a Basket Raffle & Silent Auction and
 hear how Family Promise is making a
 difference for homeless families!*

\$25 donation per person

Name _____

Address _____

Phone _____ e-mail _____

Number attending _____ at \$25.00 donation per person

I'm sorry we cannot attend, but enclosed is a donation of \$ _____

Make checks payable to: Family Promise of Berks County, Inc.

Mail to: 1015 Windsor Street, Reading PA 19604

Thanks for your support!

Make a joyful sound!

Everyone is invited to participate in Reformation's music.

SENIOR CHOIR – Wednesdays 7:30-9:00 PM

Directed by Kathryn Fellman (610) 777-4894

Starts Wednesday, September 9 -Grade nine through adult

YOUTH CHOIR – Sundays 9:00-9:30 AM

Directed by Kathryn Fellman (610) 777-4894

Starts Sunday, September 20- Grades 7 through 12

JUNIOR CHOIR – Thursdays 4:30-5:15 PM

Directed by Kathryn Fellman (610) 777-4894

Starts Thursday, September 17- Grades 2 through 6

CHERUB CHOIR – Mondays 6:15-6:45 PM

Directed by Julie Seiz (610) 370-1235

New members start Monday, September 14-Returning members start Monday, September 21-Age four through grade one.

HANDBELLS & HAND CHIMES

Directed by Julie Seiz (610) 370-1235

Reformation Ringers - Wednesdays 6:15 -7:15 PM

Starts Wednesday, September 9-For those who read music or have played before-All ages welcome.

Beginning Ringers – Day and time to be determined

All ages welcome.

BRASS ENSEMBLE

Directed by Gary Mishler (610) 777-0509

Call to participate or to learn more.

INSTRUMENTAL AND VOCAL SPECIAL MUSIC

Speak with Kathryn Fellman (610) 777-4894 if you would like to offer your gift of music or have any questions or suggestions.

Opportunity House September 17th

Food Preparers: Please meet at the church by 2:00 p.m.

JoAnn Smith, Bonnie Claycomb, Cheryl Hadley, & Shirley Focht

Shopping Duty: Harriet Clauser

Substitute: Joanne Reinhart

Servers: 6:30 p.m.at church or 6:45 p.m.at the shelter

Jerry Centofanti, the Donovan family & Debra Dombroski

Substitute: Ann Green

Bakers: Shirley Harner, Elaine Vardjan, Jamie Wagner, Joyce Yerger & Linda Centofanti

Substitute: Peggy Kershner



To All Volunteers:

Please call Frances Stuebner if you can or cannot prepare, serve, or bake on the designated date. (610) 320-0296.

Crop Hunger Walk

The annual crop walk for hunger will be held on Sunday, October 11, 2009. It will be starting at the Gring's Mill Recreation Area. If you are interested in walking, please contact Terry Trumbauer at (610-582-5950) for further information.



“COME AND SEE” We invite you to “come and see” what WELCA is all about!

“To God’s Beloved: Paul’s Letter to the Romans” written by Sarah Henrich, professor of New Testament, Luther Seminary, St. Paul, Minn., will be the new Fall Bible Study. Martin Luther called this epistle the most important piece in the New Testament and felt it should be memorized and “one should occupy oneself with it as daily bread of the soul”. The Bible Study, as always, can be found in the *Lutheran Woman Today* magazine, and you can also find it online.

On Sept. 28th we will be co-hosting the Fall WELCA West Berks Mission District Cluster event. Our co-host will be Hope Lutheran Church and the event will be held here at Reformation. The program will be “Going Green: Well, what can we do about it anyway?” There will be a Biblical emphasis on being good stewards. As hosts, we need to set up the space, provide refreshments, and do clean up-- we won’t be using paper products! Look for more info in upcoming bulletins. If you would like to help with any of the hosting responsibilities, speak to Carol Kohler.

Our Prayer Shawl Retreat was a wonderful evening. Thank you to Judy Plica and her friend Alice for leading the retreat. Thanks also to all who attended and shared their knitting skills and to all who are knitting prayer shawls. We’ll have many to share with our friends in Tanzania--the count keeps growing, so watch for an official count at the beginning of September.

If you have never checked out the WELCA website, now is the time! Access the site by going to the ELCA website at www.elca.org/ and clicking on the Women of the ELCA. It is a great site and always changing, so check it often.

WELCA EVENTS:

September 8th -LWR at 9:30 a.m.

September 14th -New Fall Bible Study at 7:00 p.m.

September 14th –Prayer Shawls at 2:00 p.m.

**September 28th -Fall WELCA West Berks
6:15 p.m. Mission District Cluster Event**

“Anyone who meets a testing head-on and manages to stick it out is mighty fortunate. For such persons loyally in love with God, the reward is life and more life. Don’t let anyone under pressure to give in to evil say, ‘God is trying to trip me up.’ God is impervious to evil, and puts evil in no one’s way. The temptation to give in to evil comes from us, and only us.” (James 1:12-14, The Message)

Heading off to college for the first time can be an exhilarating experience for some – an opportunity to escape the watchful eyes of parents, and to make independent choices in anything from dorm décor, to which classes to take. There will also be temptations – including those that lead to the dreaded “*freshman fifteen*”. No longer just an urban legend, researchers have determined that freshmen on college campuses are predisposed to gaining an average of fifteen pounds during their first academic year – often in the first semester! A few will not gain any weight, while others will gain *more* than fifteen pounds.

The reasons for this phenomenon are varied, and include:making poor choices from foods prepared by the campus food service;eating on-the-run;consuming commercial fast-food;eating late at night;sedentary life-style;partying and alcohol consumption;snacking between meals/while studying;decrease in metabolism due to physical development – particularly for young women;over-estimating portion size, etc.

Here are a few eating tips that might help you avoid becoming one of the statistics:

Take time for balanced meals – including breakfast. If you are in a hurry, reach for some yogurt and a piece of fruit to kick-start your metabolism.

Balance meals with the “plate your portion” method. Fill half your plate with vegetables and fruits, one quarter with grain – preferably whole grain, and one quarter with a lean protein. A cup is roughly equal to the size of a baseball; a lean protein roughly the size of a deck of cards; 1 ounce/2 tablespoons – the size of a golf ball (for a nifty wallet-sized portion guide, see <http://www.webmd.com/diet/printable/wallet-portion-control-size-guide>)

Don’t forget dairy – your bones continue to need calcium. If you cannot tolerate dairy, try a soy-based alternative. The protein in these products help you feel full longer. Drink lots of water. It is not only good for your body, but also contributes to feeling full. Drink water even if you don’t feel thirsty – by the time you develop a thirst, your body may be signaling that you are already partially dehydrated.

Healthy snacks to grab when you are hungry include: animal crackers, fruit, some energy bars (read the label!), nuts, high fiber cereal, popcorn without butter, baby carrots & celery, rehydrated soup mix, string cheese, yogurt or fruit smoothies.

Finally, avoiding weight-gain isn’t rocket science. Calories consumed must equal, or be less than, calories expended. Walk or bike to class; join an intramural sport; go for walks with friends; take a fitness class as an elective – try weight lifting or dancing; check out your campus gym – most have fitness centers offering free or greatly reduced memberships and classes. Try something different, such as yoga, Pilates, spinning, kickboxing or swimming. Strive for at least 30 minutes of physical activity each day.

HEALTH MINISTRIES

Fruits and Vegetables – More Matters Month

“Yet He has not left Himself without testimony; He has shown kindness by giving you rain from heaven and crops in their seasons; He provides you with plenty of food and fills your hearts with joy.” Acts 14:17

Most people know that they need to eat more fruits and vegetables. The question is “How much?” The latest dietary guidelines call for five to thirteen servings of fruits and vegetables a day (2 ½ to 6 ½ cups per day, depending on one’s caloric intake. For most people this is a total of 4 ½ to 5 cups a day. NOTE: This should not include the starchy vegetables: potatoes, peas, corn and lima beans (they count as starches).

Fruits and vegetables are critical to promoting good health. They contain essential vitamins; minerals and fiber that may help protect you from chronic diseases. Most people need to increase the amount of fruits and vegetables they eat. Including more fruits and vegetables in your diet can also help you lose weight.

Ideally nutrients should come primarily from whole foods. To get a healthy variety, think color. Eating fruits and vegetables of different colors give your body a wide range of valuable nutrients, like fiber, folate, potassium, and vitamins A and C.

Try these tips to fit more fruits and vegetables into your day:

- Keep fruit out where you can see it. Keep it out on the counter or in the front of the fridge (already washed).
- Get some every meal, every day. Try filling half your plate with vegetables or fruit at each meal. Don’t forget some fruits and vegetables at snack time.
- **Substitute** some spinach, onions, tomatoes, peppers, or mushrooms for one of the eggs or half of the cheese in your morning omelet.
- Cut back on the amount of cereal in your bowl to make room for some cut-up bananas, peaches, or strawberries.
- **Substitute** vegetables such as lettuce, tomatoes, cucumbers or onions for 2 ounces of the cheese and 2 ounces of the meat in your sandwich, wrap, or burrito.

Look at your dinner plate (should be normal or small-size). Vegetables, fruit, and whole grains should take up the largest portion of your plate. If they do not, replace some of the meat, cheese, white pasta, or rice with legumes, steamed broccoli, asparagus, greens, or another favorite vegetable.

Info from: www.cdc.gov/healthyweight/healthy_eating/fruits_vegetables.html;

www.hsph.harvard.edu/nutritionsource/what-should-you-eat/vegetables

www.fruitsandveggiesmatter.gov Compiled by: Judy Laubenstein RN, BSN,CDE

SUNDAY SCHOOL NEWS

“Linked Together by God’s Word”

Sunday School Kickoff September 13

We begin our new year of Sunday School classes on September 13. Everyone (students, parents, adult learners) is invited to gather in the fellowship room at 9:30 that morning. We will look back at an exciting VBS week and look forward to learning how God’s Word connects all of us here at Reformation and around the world. There will be an opportunity to meet our teachers, and hear about the many activities at Reformation.

Sunday School classes are offered for age 3 through adult, including a teen class. As you plan your fall schedule, mark down **September 13** as your chance to get “linked” to Reformation!

Any questions, please call the church office or Melissa Howell-Clarke at 610-779-7999.

Confirmation Instruction

Confirmation instruction is offered here at Reformation as a 3 year program for students usually beginning in 7th grade. Students attend Sunday School classes, worship services, retreats focused on the Small Catechism, perform service activities for the church and community and have a mentor relationship during the program.

An informational meeting will be held on Sunday September 20 at 9:30 in the Gr.7-8 classroom for new students and their parents. 2nd year participants and their parents are also invited to attend for information on dates and activities.

If you have any questions or are unable to attend the informational meeting, please see Pastor Steve or Melissa Howell-Clarke.

September 13--Sunday School Kickoff (Rally Day) 9:30 beginning in the fellowship room

September 20--Sunday School teacher installation both services
Parent meeting for confirmation students 9:30 in the Gr. 7-8 classroom

Submitted by Melissa Howell -Clarke

Prayer List for August



Please keep the following in your prayers for the coming month. If you would like to place a name on the prayer list, please call the information to Cheryl Hadley at 610-779-7901 or email her at chrylhdly@yahoo.com. To place someone's name on the list, please be sure you have their permission to do so. We will keep their name on the list for one month. If the name needs to remain on the list for the next month, just call Cheryl with an update.

Reformation Family: Jayne Phillips, Reynold Miller, Mildred Arner, Marion Henne, Dorothy Oswald, Grace Sanna, Marguerite Scholl, Pearl Gerth, Skyler Reed, Dorothy Arndt, Barney Bombay, Genevive Cloak, Hazel Cosentino, Sue Wood, Jay Yerger, Julia Seiz, Maurice DeTurck,, and Catharine Reed.

Friends of Reformation: Lori Koehler, Ann Schaeffer, Dolores Hilbert, Ryan Weber, Paul O'Leary, Daniel Heffner, Michael, Matthew Tobias, Ronald Roland, Rita McHale, Bob Korn, Joe Gargiulo, Krista Stone, Bryant Domina, Tori Jones and family, Terry Keiser, Elvia Cataldo, Kate Schimmel, Connor McKemey, Woodrow Warren, Liz Rothermel, Karen Heck, Melissa Bennett, Joan Hinkle, Michael Swartz, Maureen Manzella, Miriam Nein, Andrea Bolger, Alyssa Bray, Doris Antonacci, Leo Kuhns, Dennis Herwerden, and Steven Child.

Please contact Cheryl Hadley if you are interested in helping with this ministry. Please call the church office at 610-779-0534 or Cheryl at 610-779-7901.



.Take a fresh look at your finances

With the kids back in school, September is an ideal time to review your finances. Here's how:

Identify financial goals. Where have you made progress or fallen short? Update goals that have changed.

Evaluate life changes. Events such as getting married, having a baby or getting a new job can have a big impact on your finances. Plan ahead to make the transition smoother.

Protect your assets. Ensure you have adequate health, auto, life and disability Insurance coverage.

Evaluate investments. Calculate the return on each of your stocks, bonds and mutual funds. Make sure you're satisfied with their performance and your assets are diversified.

Review your retirement plans. Contribute the max to your employer's 401(k) plan or an IRA.

Prepare for the unexpected. Review your will to ensure it still reflects your desires.

For financial guidance, contact Kurt Kohler, at (610-779-2016) today, or visit thrivent.com.



October Newsletter Deadline — September 20, 2009

Please use the green forms for newsletter and bulletin articles. They are available in the narthex and library or e-mail us: mail@reformationlutheran.org. Articles received after the due date will not be able to be included in that newsletter. Thank you for your help in this matter.

Deadline for bulletin announcements is Wednesday at 12:00 noon.

Deadline for committee reports for council is September 9th.

News from the Dance and Creative Movement Ministry:

On June 28th, several of the Reformation Dancers traveled to Friedens church in Bernville. Meghan Austin, Kristen Strenkoski, and Anndria Ciabattoni presented “Holy, Holy, Holy”, and “Lord, I Come to You” to a very welcoming congregation. Eight youth from Friedens participated in the second dance as our Angels, making it a truly collaborative experience! Thank you to Meghan and Kristen for their participation and to Kathy Austin and Jackie Strenkoski for their support.

Watch for the next dance, “Fly like a Bird,” which will be presented on September 13, at both services. The dance is dedicated to Pastor Steve and Terri Stoddard, blessing their upcoming mission to Tanzania.

Meditation & Movement – If there is interest, I am considering offering a class once a month on Sunday, from 9-9:30. We will add gentle movement to Christian pop ballads and incorporate some meditation. Judy Plica will be working with me on this endeavor. Please indicate your interest by signing up on Rally Day (It’s not a commitment, just expressing interest!) or speaking with either Anndria Ciabattoni or Judy Plica.

Dance Preparation for Worship - 9-9:30, once a month on Sunday, when Junior Choir sings early. This class is intended to train those who may eventually want to participate in a dance during worship. We will work on arm movement, body placement, extension, movement through space and acting. Again, please indicate your interest by signing up on Rally Day (It’s not a commitment, just expressing interest!) or speaking with Anndria Ciabattoni.

Any Fishermen out there? I have a song about fishing that will work really well for some men and boys. Fathers? Sons? I will recruit, however, if you have interest, see Anndria Ciabattoni. Submitted by Anndria Ciabattoni

Family Promise A Taste of Hope Tuesday, September 22, 5PM to 8PM –

The 2nd Annual “Taste of Hope” at VF Outlet Designer Building 4th Floor. Sponsored by Thrivent Financial for Lutherans and VF Outlet Hors d’oeuvres & desserts will be provided by local restaurants from 7:00 p.m.–8:00 p.m. There will be a silent auction until 8:00 p.m. and a basket raffle drawing at 7:30p.m. The tickets are a donation of \$25.00. Reformation will be donating a basket for the raffle. If anyone would like to donate something to the basket ,please bring it to the church office by September 12th. The theme for our Basket is “Have a Coffee Break.” Please see the form in this newsletter. Submitted by Cindy Shirey

PARENTS OF COLLEGE STUDENTS

The Parish Outreach Committee is requesting all parents of our college students to please provide us with your student’s information so that he/she is included on our list.

This information is used to send the invitation to the Christmas Break Breakfast, for informational e-mails and most important the Finals Survivor Kit which all the students love to receive. This is a box filled with treats and stationery supplies used to get them through a very stressful week of finals preparation. We wouldn’t want to miss sending one to your student because we don’t have the information. If your student was on last year’s list and hasn’t graduated, please verify with us the information we have on file so that we can be sure it is correct. We do not want to assume our list is complete. The information needed is the name, school address, e-mail address, anticipated month and year of graduation and the birthday. Please call Judy Zettlemoyer (610)921-0521 or e-mail her jrmiss@lusa.com with the information. Once all the information is complete, a duplicate copy will be given to the church office for their records. Please help Judy with this task—it is easier for you to make one phone call than it is for her to make 50 calls and hope that we didn’t omit a name. Thank you for your cooperation with this project.

Submitted by Judy Zettlemoyer



I want to thank my church family for all your prayers, cards, calls and visits during my recent surgery and for the sympathy cards received upon the death of my brother. Your support was greatly appreciated. A special thank you to all the Bible School participants. Your card was very special and I will keep it always. I missed all of you but I will be there next year. My camera is ready!

Herb Zettlemoyer

Dear Reformation Family,

Sincere thanks for the cards and kind words after the death of my sister, Fern. Your loving support comforted me. It is a blessing to be part of such a warm and caring church family.

Jane Humbert

MOVIE NIGHT

Friday, September 18th, 2009 is the first movie night at 6:30 p.m. since the summer break.

Ages 8-108 are invited to join us for an evening out. Feel free to invite family, friends or neighbors who might enjoy this event. Come out and enjoy a movie, share in fellowship and good conversation, and maybe even bring a box of popcorn.

The feature this month is Sergeant York (1941). Torn between religion, pacifism and patriotism, Tennessee-born Alvin York, a simple backwoods farm boy, went on to become the most acclaimed hero of WWI. Starring: Gary Cooper, Walter Brennan, and Joan Leslie.

There is a list of features for the year in the narthex. Pick one up and mark your calendar for the coming year.

Submitted by Dennis Humbert

?????? Formerly Theology on Tap

**Tuesday, September 8, 2009 at 7:00 at the Kutztown Tavern, Main St.
Kutztown**

Dr. Julia O'Brian: A Good Book or Not? Violence and the Bible

For a book that's supposed to be good, the Bible certainly includes a lot of violence—threatening, smiting, conquering, and raping. What's a Christian, or any responsible reader, to do with these biblical accounts? Should we just pretend they aren't there? Explain them away somehow? Assume that they really are OK because, after all, they are in the Bible?

Julia M. O'Brien, Professor of Old Testament at Lancaster Theological Seminary, will invite the Theology on Tap crowd to talk about the violence in the Old and New Testaments. She'll share her own current thinking about these texts, as well as her dissatisfaction with the way most Christians respond to them.

From My Heart to Yours

Every now and then I come across a message that is so good that I make copies and share it with you via this column. This message entitled "A Silent Sermon" was included in the newsletter from the First Lutheran Church, Vandergrift, Pa. This was where Mike grew up and began his faith journey.

There are many reasons for sharing this with you, but the most important one is to remind us all that sharing our faith often times "speaks the loudest" in simple things we do-and not so much what we say.

Be blessed as you read "A Silent Sermon." Before you read it, however, please meditate on Hebrews 10:19-25 especially verse 25. Then go and do likewise! Be a "silent sermon" to someone who is hurting.

Silent Sermon

A member of a certain church, who previously had been attending services regularly, stopped coming. After a few weeks, the preacher decided to visit him. It was a chilly evening. The preacher found the man at home alone, sitting before a blazing fire. Guessing the reason for his preacher's visit, the man welcomed him, led him to a comfortable chair near the fireplace and waited.

The preacher made himself at home but said nothing. In the grave silence, he contemplated the dance of the flames around the burning logs. After some minutes, the preacher took the fire tongs, carefully picked up a brightly burning ember and placed it to one side of the hearth all alone. Then he sat back in his chair, still silent.

The host watched all this in quiet contemplation. As the one lone ember's flame flickered and diminished, there was a momentary glow and then it's fire was no more...Soon it was cold and dead.

Not a word had been spoken since the initial greeting. The preacher glanced at this watch and realized it was time to leave. He slowly stood up, picked up the cold, dead ember and placed it back in the middle of the fire. Immediately it began to glow once more with the light and warmth of the burning coals around it.

As the preacher reached the door to leave, his host said with a tear running down his cheek, "Thank you so much for your visit and especially for the fiery sermon. I shall be back in church next Sunday."

Serving Jesus,

Judy Plica



One of the descriptions of grief in GriefShare is that it is like an “unwelcome houseguest.” The more I think about that, the more I agree with that! Ever had one?-an unwelcome houseguest, I mean, you know-that grumpy and difficult relative, who you really can’t say no to, but wish would decide to leave early or, better yet, never come at all! Grief is that way! It is very difficult, disruptive, definitely unpleasant-but it is NOT to leave early or never “visit” at all.

Come to GriefShare where we look to God for comfort and help in living with this unwelcomed “guest.” Sharing and praying together and helping each other has AMAZING BENEFITS! Be assured that whatever we share in the Rehearsal Hall on Thursday evenings is confidential.

God is at work through GriefShare! Come and join us on the “Journey from Mourning to Joy.”

Please note: We will not meet September 17th.

Serving Jesus,
Judy Plica

Worship Leadership & Church Volunteers Booklet

We will be printing a new booklet that will consist of volunteer schedules from October through March. Call Patti Kline at 610-621-2270 or the church office with your changes. Thank you for your help with this ministry.

Submitted by Cindy Shirey

REFORMATION MEN’S GROUP

There is a Golf Event scheduled for any men interested on September 26th .Time and course to be announced. Come and support the Men’s group and have a great day of Golf. Call Darren Remlinger at (610-582-5786) or Rod Kline at (610-621-2270).

Submitted by Darren Remlinger

Youth Ministry

MARK YOUR CALENDARS!

THE FIRST BACK DOOR OF THE YEAR IS SATURDAY OCTOBER 10TH.

BACK DOOR VOLUNTEERS NEEDED!

The Youth Ministry Committee is seeking members for its Back Door volunteer list. The Back Door is an opportunity for high school youth in our community to showcase their musical talents by offering our church as a venue for their bands to play in front of an audience of their peers. They are held on Saturday nights from 7-10 PM. There are no set dates; our youth liaison coordinates a date that suits all of the participating bands and then we supply the all -purpose room and the chaperones. Chaperones collect money at the door, sell snacks and keep an eye on the crowd. The time commitment is approximately 6:45 PM to 10:30 PM the night of the event. You will receive a call the week before to see if you are available. We already have our first event booked for Saturday, October 10th. Proceeds will benefit our Thrivent Builds/Habitat shed project. Please consider adding your name to the list to help provide our youth with a safe venue in which to pursue their musical talents. Usually you will be called no more than 2-3 times per school year. Please see Jeanne Gochnauer or call the church office if you are interested in this important youth ministry.

Submitted by Jeanne Gochnauer

OUR YOUTH NEED YOUR HELP

The (GGGs)God’s Greatest Gifts Youth Group (Grades 7&8) is in need of leaders for the coming year. If you love children and want to be involved with guiding and nurturing our youth, please contact Terry Trumbauer at (610-582-5950).

Carole Miller has volunteered to be an advisor for the Jumping Juniors, and we thank her for being willing to serve in this position. But she will need your help. If you are interested in working with the Jumping Juniors and helping Carole, call Terry Trumbauer at (610-582-5950).

Thank you,
The Youth Ministry Committee



What's New in the Wegman Memorial Library?

Augsburg/Fortress has several recent exciting publications that we have added to our Reformation library this summer. Look for the shelves labeled **NEW BOOKS** in both the adult and children sections of the library. The first two books, Crazy Talk, A Not-So-Stuffy Dictionary of Theological Terms and Crazy Book, A Not-So-Stuffy Dictionary of Biblical Terms, provide entertaining definitions of terms, places, books and people of the Bible. I would recommend them for older students and adults. For the younger children we have added new Bibles also from Augsburg/Fortress. Three copies of the colorful Spark Story Bible (containing 150 of the most popular Bible stories) are available for preschool children through grade 2, and three copies of the Spark Bible (NRSV) are available for students in grades 3 through 6.

Other books were purchased locally and include seven new ARCH BOOKS for kids: Shipwrecked Paul, Ruth & Naomi, Parable of Talents, Parable of Prodigal Son, Moses & Bronze Snake, Baby Jesus Visits Temple and The Seeds that Grew. Also in the children's section we have added a picture book entitled Our Father, for explaining the Lord's Prayer to young children.

Tear Soup by Pat Schwiebert and Chuck DeKlyen is a beautifully illustrated book about grieving for all ages. A quote from the cover of the book states, "Tear Soup affirms the bereaved, educates the unbereaved and is a building block for children."

Seven Faith Tribes by George Barna is a work based on interviews of more than 30,000 people to identify the core values of the seven faith communities in America. He stresses the importance of focusing on the values that these communities all share. Finally, Prayer, Does It Make Any Difference? by Philip Yancey can also be found in the adult section of our library. The author offers insights into the importance God places on prayer and why we should value it.

Submitted by Shelby Rutherford



BURGER-A-MONTH



Last September the Burger-A-Month Campaign returned to Reformation. Since that time, through the generosity of our families and individual members, close to \$3000 has been raised and donated to World Hunger through our Northeastern Pennsylvania Synod. If you were part of that effort, we thank you! Envelopes for the new year of Burger-A-Month (September 2009 – August 2010) are available in the narthex. We hope you will want to continue making a difference in the lives of people around the world. Thank you again!

If Burger-A-Month is new to you, please read on to see how it works, and consider becoming a part of it in the months ahead. There is no question that the need to do something about world hunger is greater than ever!

Would you and/or the members of your family be willing to do without a burger once a month to help? A Quarter Pounder is \$3, a Happy Meal \$4, and a Big Mac with fries and a soda costs about \$5. If you choose to "Super-Size" your donation, that's even better! We are asking you to fore go your favorite fast food sandwich just once a month and donate the money saved to the ELCA World Hunger Appeal.

For this purpose, packs of 12 Burger-A-Month envelopes will be available – one for each month, now through August 2010. Please pick up a pack of envelopes and make a commitment to do what you can to help slow the spread of hunger throughout our world.

Joanne Scattergood, Social Ministry Committee

Reflections of the Church Wide Assembly

Please check the kiosk in the narthex for reflections from Bishop Mark Hanson and Bishop Samuel Zeiser about the 2009 Church Wide Assembly held in Minneapolis in August.

“HOW I LEARNED”

I learned to dream
As I lay in the grass
Soft and waving
As winds oe’r it pass.

I learned of peace
As I sat by a spring
Heard the murmuring water
Gently sing.

I learned of love
As I watched a wren
Bring food to his mate
Then sit by and sing.

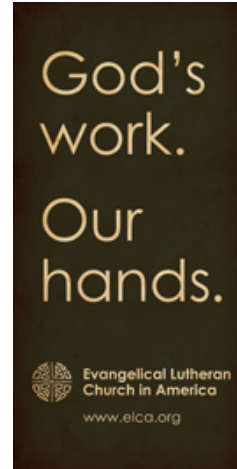
I learned of faith
As I saw a small fawn
Obediently wait
In the early dawn.

I learned of God
Through each of these
Lord, give me grace
To say thanks, on my knees.

By Catharine Reed



Banners to Fly!



Commercialization is a sign of the times. The ELCA brand campaign is to increase awareness of the Evangelical Lutheran Church in America and the many ministries we partake in and to inspire members to invite others to worship. The ELCA's new tag line is: **"God's work. Our hands."** We have ordered a large outdoor banner, which we'll display at the front of Reformation to generate interest among the tens of thousands of people who pass our doors each day.

In addition, we'll "fly" our own Reformation banner during early September to share with our community the excitement of what's happening inside our walls!

You'll see the banners... your neighbors will see the banners. Invite them to join you in worship at Reformation!

Invitation to the Community

Attending an Exeter High School football game this fall? Be sure to look for Reformation's ad in the program as we reach out to the surrounding community in sharing the Good News of Jesus Christ.



Greeter Program

“Welcome one another as Christ has welcomed you, for the Glory of God.” Romans 15:7

Our Greeter Program is about to turn one year old! Surely you have noticed our greeters welcoming you on Sunday mornings. Open doors, friendly smiles, and firm handshakes await all who enter before the beginning of each service. Thanks to all of you who have said YES to serving as greeters at Reformation. We currently have more than 50 folks willing to assist. If you are interested in serving in this ministry, please talk to Scott Haag or Tim Dewalt. We welcome your participation. Training (it's easy!) is available.

Note to Greeters: As our 1st anniversary approaches, it's a good time to review your training brochure. Copies are available in the Gathering Space.

.We are going back to *Bulongwa, Tanzania*, this month!

At St. Paul's Evangelical Lutheran Church, we have a Companion Congregation relationship with a church in Bulongwa, Tanzania. The Bulongwa Lutheran Church is part of the South Central Diocese (SCD) which in turn is part of the Evangelical Lutheran Church in Tanzania (ELCT). The SCD is very similar in structure to our North East Pennsylvania Synod (NEPS).

We have been in a shared ministry with the church in Bulongwa for over seven years. The mission trip this September will be the third mission trip to Bulongwa by our members. In this ministry, we do many things with our brothers and sisters from Bulongwa that allows all of us to grow in our faith and relationship with Jesus. We spend time together and learn from each other how to be a better disciple in Christ.

Together, we have helped the people of Bulongwa by helping them purchase cows and bulls, chickens and roosters, sheep and goats. In 2005 a shipping container was sent to Bulongwa filled with many supplies, including clothes, school supplies and a mill, now used to grind grain. Last year a shipping container was sent to the hospital in Bulongwa, filled with much needed medical supplies. Together, we have supported their schools with funding, supplies and food. Animals have been given to the orphanage in Bulongwa. Sewing machines, beehives and many carpentry tools have been purchased, providing a livelihood for many. The time we spend together has been a key in our growing relationship. We worship, eat, play, dance and sing together while we are in Bulongwa. We visit homes and places in Bulongwa and pray together. We go to Bulongwa, doing God's will, returning having learned much, about growing our faith in Christ.

On Tuesday September 15th, we leave the parking lot at St. Paul's, Fleetwood, to begin our trip. We have invited other churches from around the NEPS to travel with us in order for them to grow their relationship with their Companion Church in the SCD. 9 members from St. Paul's are part of the mission team, they are Chris and Keaton Moyer, Jane Sprecher, Al Ottinger, Rich Reddy, Sue Rimmel, Pastor Bob and Karen and Steve Deysher. Pastor George Kinney and Pat Reitnauer will be traveling with us from Friedens, Oley, to grow their relationship with a church in Iniho. Pastor Steve Claycomb and Teri Stoddard will be with us from Reformation, Reiffon, to visit Utanziwa. Pastor Edith Roberts and Kathy Thomforde, from St. Peter's, Bethlehem, travel with us to visit Madahani. Finally, Pastor Martha Sipe, Deborah Vilbas, Cindy Held and Gary Fehnel travel with us from St. John's, Whitehall to visit Iwawa. 19 people will be making the trip. The people from the other churches joining us will be visiting their companion congregations for the first time.

Tuesday September 15th, we fly overnight from JFK airport in New York City to Heathrow airport England. The next night again, we fly into East Africa, landing in the city of Dar Es Salaam at 7 AM. There we meet our friends from Bulongwa, hopefully waiting for us with 3 Land Rovers. A 2 day journey then begins across southern Tanzania to get to the SCD in the Southern Highlands of the Livingstone Mountain range. Along the way we see the beauty of Tanzania. We camp out overnight in the Mikumi Wildlife Preserve and will see elephants, giraffes, hippos and much other African wildlife.

If everything goes okay, we should arrive in the SCD on Friday evening September 18th. In the week that follows, we anticipate many things may happen. Certainly, first and foremost we will pray and seek God's will. There will be a lot of singing, worship, dancing, playing and eating together. We will have to "settle" everyone with their companion congregation. Shopping trips may happen to the town of Makete and the city of Mbeya to purchase carpentry tools, sewing machines and supplies.

In Bulongwa, we will worship and pray with our Companion Congregation. I want to walk the paths around Bulongwa with Peter Sanga and Nuru visiting people. Chris is looking forward to seeing Luka again. Al needs to spend with Baracka. Keaton is taking soccer balls along. Sue and Karen will further their relationship with the women. Rich will be teaching dentistry. Jane's mind will be occupied understanding all she sees at the schools, orphanage and in the village. Bob, he'll talk with the Pastors. So many things to do and yet so little time to get it done. Edward, Levis, Samson, Brok, Tunye, Gilbert – we need to find time to spend with all of them. We will be open to God's calling on this trip; it's all in his time.

We have things made from our Sunday School to share with the children. Larry and Diane Brubaker are sending things along to give to their friends in Bulongwa. "Angel Tree" gifts need to be purchased. I'd love to spend time at the school in Idende. Maybe we can help cultivate the crops in the fields. Let's build some chicken coops. Why didn't we schedule this trip to last 3 months?

On Sunday September 27th, we will begin our journey home, usually involving some tears. By both Land Rover and smaller flights out of Mbeya, we travel to Dar Es Salaam. Monday night we stay at the Southern Sun Inn in Dar Es Salaam. Tuesday morning at 7 AM we board a big British Airways jet and head for England. Many of us will arrive home in the USA late Tuesday night. Others are staying an extra day in London to do some sightseeing and will come home late Wednesday evening.

We go on this trip as Disciples of Christ. We represent our family at St. Paul's. Surround us with your prayers for our safety, our families, our brothers and sisters in the SCD and for God's blessing in our efforts to do all things in Jesus' name. Steve Deysher

Bulongwa/St. Paul's Companion Congregation

SAVE the DATE - Sunday, October 11, 2009

We are planning a luncheon following the second worship service on October 11th in order to welcome Pastor Steve and Teri Stoddard back from their Tanzania travels and share with them the highlights of their two-week trip.

Their schedule is as follows:

~Leave Reading - Tuesday, September 15

~Arrive Dar es Salaam - Thursday, September 17

~Arrive Bulongwa - Friday, September 18 (evening)

~Travel to Utanziwa - Saturday, September 19

~Time in South Central Diocese - Friday or Saturday September 25 or 26

~Leave to travel back - Sunday, September 27

~Arrive in Reading - after midnight September 30

Tanzania Committee